



Winter 2021 - Issue 11

SIGMA NEWS

For Students, Parents and Carers of The Sigma Trust

Greater than the sum of its parts



INSIDE THIS ISSUE!

- New building for Clacton County High School
- Schools compete in Faraday Challenge
- Personal letter from Sir David Attenborough
- Primary offers five-star support to pupils with SEND

Welcome...

Welcome to the latest edition of Sigma News containing articles which, despite the very turbulent times we have all lived through, celebrate some of the wide-ranging activities our young people have been engaged in over the past six months.

In this edition, it is great to see pupils from all of the schools across The Sigma Trust getting involved with their community and taking opportunities to enrich their learning outside of the classroom. They have been inspired by having access to a range of speakers, visitors, other stakeholders both locally and nationally.

The need for renewable energy is very much on everyone's minds with the steep rises in electricity, gas and fuel bills. It's good to see the newly opened wing of six classrooms and a sports hall at Clacton County High School with underfloor heating sourced through solar energy. Harwich and Dovercourt High School students have worked with a graphic designer to explore the concept of sustainable energy and have created a piece of artwork displayed at Harwich Windfarm reception. The engagement young people have is perhaps illustrated by Esme Appleyard's actions, a student at Thomas Lord Audley School who raised awareness of plastic recycling in a letter to Sir David Attenborough.

Congratulations also goes to the Holland Park



Primary School and teacher Sarah Edwards who recently received Mental Health Awareness and Teacher of The Year awards respectively from the Multi Schools Council after opening a nurture and wellbeing suite.

Once again, I hope you enjoy reading about the events and achievements across all the schools within The Sigma Trust over the last few months – quite remarkable given the pandemic.

I wish everyone a restful Easter break and let's hope the summer brings us back to some normality.

Lyn Wright, CEO, The Sigma Trust

WE ARE THE SIGMA FAMILY...



New building enhances facilities in Clacton

Six new classrooms and a large sports hall have been added to Clacton County High School.



The new L Block has recently been handed over from the builders, with work then taking place to connect services and IT systems to the main school. Before the grand opening, the new teaching rooms also had to be furnished.

The new build is heated with a state-of-the-art air source underfloor heating system and the roof of the four-court sports hall is covered in solar panels.

Chris Taylor, Head of School, said: "Along with the new build, Clacton County High School continues to enhance the existing site. Students can enjoy amazing facilities here, as well as at Sigma Sixth, Tendring campus, our sixth form college."

West End performer spots talent during workshops

Paxman Academy welcomed West End star Michael Watson for a series of performing arts workshops.

Students from all year groups worked with the performer and voice coach whose stage performances include Jersey Boys, Sister Act, Shrek and We Will Rock You.

Michael, who began his training at Tiffany Stage Academy in his home town of Clacton, said, "I can't believe how much talent there is at Paxman Academy; I was blown away."

Students worked on favourites from the West End musical We Will Rock You, which will also be Paxman Academy's first musical

and full-scale production.

Music Teacher Diego Damigella said: "This was an amazing opportunity for the youth of Paxman Academy to get a real insight into how performing arts skills are honed.

"The workshop began with warm-up exercises, prompting students to think about storytelling through songs, then moved on to characterisations and guidance on helping students to focus on emotions.

"Our talented cohort then performed and received valuable expert feedback from the star."



Spreading delight to those less fortunate

Boxes full of gifts were collected and sent to children in extreme poverty in Romania. Pupils at Alton Park Junior School filled 67 shoeboxes for young people less fortunate than themselves.

The boxes were donated to St John's Church, in Colchester, which has been running the shoebox project since 2018. The 500 Smiles projects provides gifts to disadvantaged, poverty-stricken children in central Transylvania.

Learning life skills through STEM clubs

Students at The Colne Community School and College have been using their skills and knowledge of STEM subjects to take on tasks in after-school clubs.

Members of the newly launched Key Stage 3 STEM club have been working to improve the wildlife garden.

They have been clearing the area, building bug hotels alongside bird houses and feeders to encourage a range of wildlife to the garden.

The club activities will develop students' applied maths skills, exploration and teambuilding.

As part of a Sigma Trust competition, the club members produced a short film on an environmentally friendly project.

Students in the new Year 10 STEM club are working towards their Bronze CREST Award.

They will design and make a product to solve a current world problem, such as global warming or plastic pollution in the oceans.



Promoting respect and consent among teens

Sixth formers understand the importance of mutual respect, consent and healthy relationships.

Sigma Sixth students attended sessions by the RAP Foundation, an organisation set up to empower students by educating them on the UK laws defining consent and sexual offences, while promoting digital and personal safety for young adults.

Ross Crabb, Sixth Form Pastoral Leader, said: "Our sixth form students were attentive and engaged throughout and learnt some valuable information."

"Sigma Sixth is committed to helping students to develop as individuals ready for life in the wider world, as well as fulfilling their academic potential."



Children supported by nurture specialists

Young pupils now have qualified practitioners to turn to with their mental health and wellbeing concerns.

Sarah Edwards, Behaviour and Wellbeing Lead, and Angela Hope, Learning Mentor, have qualified as NurtureUK practitioners to help foster a nurturing culture across Holland Park Primary School.

The qualification comes as the school opens its Nurture Suite

and wellbeing hub, designed to replicate the home environment and providing support to pupils throughout the day.

Children attend three times a week to help them with understanding their emotions and how to regulate them.

They also learn social skills, the importance of talking and listening and how to engage and interact with one another.

How to get into a career in engineering

Budding engineers found out more about their potential career path during Tomorrow's Engineers Week.

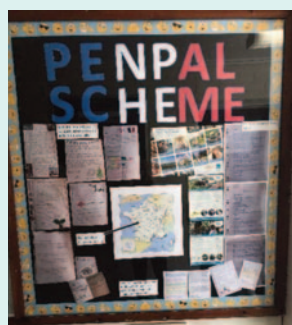
Students at Paxman Academy spent a week looking at how they might get into engineering. Activities through the week included an interactive quiz in science; learning about what engineers do; answering personality-based questions to determine potential engineering sectors for them to go into as a career; and research into engineering careers.

James Newton, Teacher of Science, said: "Engagement from students throughout the week was outstanding."

They thoroughly enjoyed investigating and exploring the different career options available to them as engineers.

"Many students weren't aware of what engineers do, or thought you had to be a specific type of person to become an engineer, rather than understanding it to be the inclusive and welcoming profession that it is."

Understanding the culture of another country through letter writing



Pen pals are helping young people to understand more about the country they live in.

Year 7 and 8 students studying French at The Colne Community School and College are taking part in a pen pal scheme.

They are initially communicating via written letters, but will be looking at other projects the schools can take part in together once French schools reopen.

Letters for students at partner school Collège Privé du Sacré Coeur La Salle in Jaunay-Marigny are dropped into a special post box, with letters put on display on a noticeboard.

Verity Turton, Modern Foreign Languages Teacher, said: "This is a fantastic opportunity to develop students' language skills, while giving them a greater understanding of the culture of another country."

Children in awe during visit to Duxford

Excited children were "amazed" to see the planes on display during a visit to Imperial War Museum Duxford.

Year 5 pupils from Monkwick Junior School learned about land warfare as part of their visit.

Mark Visagie, Assistant Head, said: "The pupils excitedly walked through this wonderful museum."

"Fingers were pointed in awe and amazement at the various

planes on display, including those used in the Battle of Britain. The roaring sound of the Concorde brought a smile to their faces. They even managed to walk through a Concorde.

"Even though pupils had fun, they were educated about a significant part of our history. They were fascinated by the planes in the Airspace section of the museum and the adults were cascaded with an endless stream of questions and comments."

Wind farm challenges students to create art installation

A new office base for the operations and maintenance of a wind farm is being adorned with artwork by creative students.

Year 9 art and graphics students from Harwich and Dovercourt High School have teamed up with Galloper Wind Farm and The Harwich Festival to work on a joint project.

Working after school with graphic designer David Meldrum, students are exploring the concept of sustainable energy to produce a piece of artwork.



The work will be enlarged to 6ft by 4ft and displayed in the reception area of the new operations and maintenance base of the wind farm in Harwich.

During the process, students learnt about sustainable energy and job opportunities in the sector and took a virtual reality tour of a giant turbine during a STEM workshop with Galloper.

Students will get a chance to visit the site to see their work in place and host an exhibition of the stages of the project at the Harwich Arts and Heritage Centre.

Peter Davis, General Manager for the Harwich Festival, said: "We are delighted to be working with Galloper Wind Farm, David Meldrum, Louise Craigie and the students of Harwich and Dovercourt High School to provide this unique opportunity for students – I'm really looking forward to seeing their final works."

NEWSBITE

A trip back in time to the Stone Age

Children made stone tools, cleaned bones, made baskets and tried on period clothing as they studied the Stone Age.

Year 3 pupils at Monkwick Junior School saw history come to life as they indulged in the topic.

Class Teacher Eleyse Barnes said: "Year 3 children had a fantastic time taking part in a Caveman experience visit. They learnt about the different periods of the Stone Age, the key dates and what it was like to live in that era."

"The children got to try out many Stone Age jobs that were set out for them. They also got to see a demonstration of how fire could be made using flint and dry wood. The children were amazed and very excited to see this happen."



Annual market teaches children about industry

Pupils took control of their annual market to learn about money, product design and marketing.

Year 2 pupils at Monkwick Infant School and Nursery used the market as part of their learning, mastering their skills in design and technology to learn what would make a good product to sell at the market, as well as marketing the event.

The work helped them to brush up on their computer keyboard skills and taught them about the value of money.

The annual event, held outdoors due to restrictions, enabled families to take a look at their children's work.

NEWSBITE

Library full of French, German and Spanish reads

Lessons in modern foreign languages (MFL) have been boosted with the launch of a new library.

The Stanway School has set up a MFL library to boost literacy in French, German and Spanish.

The collection includes fiction titles, translations of stories by recognisable authors and books to accompany films students may have watched in English.

Genres include action, mystery, adventure and love, with some set in locations of significant importance to the target language countries.

Joanne Davies, MFL Teacher, said: "Students are free to borrow these and read at their leisure and are asked to recommend them to friends once they are finished."

"As the year progresses and as demand for certain titles increase, we hope to further expand our collections."

Efforts to prepare young people for adulthood rewarded

A school's work to prepare young people for adulthood has been rewarded by the Multi Schools Council.

School Council members from Clacton County High School attend meetings to discuss topics affecting children today, including global warming and social media.

Due to their work with the Council, students were invited along to the Multi Schools Council Awards ceremony at Colchester United football stadium.

During the event, students took part in discussions and activities around mental and physical wellbeing.

Sandi Fattore, Pastoral Leader, said: "As always, our students were a credit to the school and participated in each activity with vigour and enthusiasm.

"Being invited to the event was wonderful in itself, but the students were even more proud to receive the Preparing for Adulthood Award on behalf of the school, given for all the work that goes into readying students for life outside of school. The

awards ceremony was a great success and the students left feeling extremely proud of what they and the school had achieved."

The school received a Highly Commended for its inclusive curriculum and Year 11 student Aaron received a nomination for the Perseverance Award.



Mental health work sees school praised



A teacher and her school have been named the best as they are celebrated for their work around mental health.

Sarah Edwards, Behaviour and Wellbeing Lead at Holland Park Primary School, scooped the Multi Schools Council Teacher of the Year Award.

Holland Park was also named School of the Year and received the Mental Health Awareness Award following the opening of

its new Nurture Suite and wellbeing hub.

Mrs Edwards said: "Mental health and wellbeing are a priority at our school.

"We have benefitted from the great support and training on offer and have helped the Multi Schools Council raise money for charity through sponsored events. We continue to work closely with the Multi Schools Council's Kierran Pearce who will be working in school with us at various stages throughout this academic year."

The school has held parent coffee mornings on anxiety, ADHD and ASD, children's mental health and wellbeing.

Personal letter from Sir David Attenborough

A young environmentalist received a personal letter from Sir David Attenborough after telling him about her school's recycling efforts.

Esme Appleyard, in Year 9 at The Thomas Lord Audley School, wrote to the natural historian to get his views and advice on the issue.

She was keen to raise awareness of recycling in schools and to ask him

what else could be done around the school.

Esme received a personal response from Sir David himself in which he offers his "thanks and support" for her stance on recycling, and that he "is very pleased with what you are trying to achieve" at The Thomas Lord Audley School.

Esme said: "I would like people to be more aware of their plastic

waste products and be aware of where this ends up."



Tackling the Government to bring about change

Determined students have petitioned their MP to seek change to protect our planet.

In cultural and global studies, Year 9 students at Harwich and Dovercourt High School have learned about and discussed the ongoing global climate crisis and how the exploitation of natural resources risk the future of our planet as we know it today.

As part of their work, they wrote to Sir Bernard Jenkins MP to demand change and to suggest local initiatives to help tackle the problem, along with an open invitation to him to visit the students behind this initiative.

Zoe Bell, Director of Languages and Culture Faculty, said:

"We particularly looked at how the use of fossil fuels continues to cause global warming and the different ways in which we all feel the effects of this.

"One suggestion, in particular, was the improvement of the local electric vehicle infrastructure as there are only two charge points within the area of Harwich and Dovercourt.

"Students also suggested the national approach of reinstating the Green Homes Grant scheme, so more people will be able to afford carbon-saving measures in their homes, such as better insulation, installation of solar panels or alternative heating systems."

STEM and problem-solving skills put to the test

Young engineers put their unique skills to the test as they looked to solve a real-world problem.

The Philip Morant School and College welcomed students from St Helena School, Paxman Academy and St Benedict's College to take part in The Faraday Challenge.

Year 8 students were given a brief to design and prototype a device which could help make a child or parent's visit to hospital more relaxing.

The winning team, from Philip Morant, designed and modelled a pillow, which vibrated to create a massaging effect to relieve tension in the necks of worried parents. They presented their idea, explaining how the model could be improved by adding a diffuser and sound for an aromatherapy experience for the user. The judge was impressed with the team's overall outcome and awarded them



the win, placing them in the top five per cent of the country.

The students each won a £10 voucher, an engraved wooden trophy and the chance to win a place at the final in Liverpool, where they can present to engineers about making their idea a reality for use in their hospitals.

The Faraday Challenge, delivered by the Institute of Engineering & Technology, encourages young people to use their problem-solving and STEM skills to solve everyday problems.

Craig Barker, Technology Teacher and STEM Co-ordinator at Philip Morant, said: "The Faraday Challenge has given these students an opportunity to creatively solve real-world design problems, as well as learn how to successfully overcome challenges and personal fears of presenting their work to others."

STEM club earns students an award

Real-world issues prompted young people to come up with solutions using their skills in STEM subjects.

Five Year 7 students taking part in STEM Club at Harwich and Dovercourt High School have earned their first CREST Discovery Award.

The awards challenge young people to take on real-world STEM projects. Students worked in groups to

investigate how design and technology could help them to survive a zombie apocalypse – from making a barricade to keep them out, to communicating with other survivors using Morse code.

Lexie Gill, Assistant Director of Science Faculty, said: "While taking part in the challenge, students developed teamwork, hands-on investigative skills and presentation skills."



Powerful speeches on climate change

A public speaking challenge saw pupils eloquently share their views on climate change.

The Year 4 pupils at Monkwick Junior School took part in a public speaking challenge as part of their project work.

Jason Beejeraz, Teacher and Lead Practitioner, said: "The children spent lots of time creating

powerful speeches. This all led up to a final event where they took to the stage and spoke in front of their peers and teachers.

"It was lovely to see lots of children dressed in their smart clothing for the event.

"They had lots to be proud of and really captured how public speaking can be used to inspire and motivate others."

Christian teachings offer emotional and spiritual support

Religious studies students were given a Christian insight into various life issues, from marriage to the environment.

Year 10 GCSE religious studies students at St Helena School were visited by Margaret Gaunt from Good News for Everyone, a Christian organisation offering emotional and spiritual support with a basis on Christian teachings.

The year group has previously studied

Christian beliefs in their GCSE course, in addition to religious views on euthanasia, the environment, the sanctity of life and marriage.

Margaret offered Christian insight into those topics, as well as offering her own personal experiences and views.

Becca Cummings, Subject Leader for RE, said: "It was great to see students thinking ethically, critically and in a respectful and courteous way."



Primary school offers five-star support to children with SEND



Holland Park Primary School has been given a five-star review for the work it does in supporting children with special educational needs and differences.

Kierran Pearce, from Multi Schools Council, visited the school as part of the organisation's Good Practice Seekers programme to gauge inclusion and wellbeing and to ensure equal opportunities are being offered in education.

Year 6 school councillors showed the visitors around and answered questions.

As a result, the school was awarded five stars.

The provision will be reviewed in May.

Developing skills for life – in the forest

Children are using their school's forest space to develop new skills.

Year 7 and 8 students at The Philip Morant School and College are taking part in Forest School.

The forest has been developed to include a log circle and a bug hotel where students can learn outdoors.

Students have a two-hour session outside each

fortnight, using their creativity and developing their emotional health.

Charity Burgess, Forest School Leader, said:

"We are hoping to start planting of new trees and flowers.

"Forest School is a therapeutic place our students can go to develop so many skills that wouldn't be recognised elsewhere. At Forest School, we celebrate these skills."



Booklovers set challenge to "escape" the library

Students at The Thomas Lord Audley School took part in the library's escape room challenge to create a buzz around reading.

As part of the library's programme of activities, students completed a series of challenges to be able to escape. Activities included - finding five book characters hidden around the room and identify them; a who's who challenge matching the book to the character; deciphering the book

title using a book themed code; Harry Potter riddles; creating a book jigsaw; and matching the genre to the story.

Students from Year 7 to 9 had to collect the keys from each task to spell out the exit word: ESCAPE!

Sian Warriner, School Improvement Leader, said: "There was a great buzz in the library as students were highly competitive to achieve the fastest time."

School trip results in inspiration for artwork



Arty pupils took inspiration from a local artist to get creative during a day trip.

Year 6 pupils from Monkwick Junior School visited Firstsite, in Colchester.

They saw an ancient Roman mosaic underneath a glass floor which had been discovered locally, before going on a guided tour.

Teacher Thomas Hewitt said: "Pupils

were taken to meet a local artist who showed them how to create sculptures using just cardboard.

"Their fantastic creations were easily disassembled to be put in bags and taken home.

"Year 6 really enjoyed this exhibit and were able to find lots of fascinating pieces, including some that referenced Star Wars!"

Books donated to children's ward at hospital

Children being treated in hospital will benefit from a donation of books.

The Stanway School held a Scholastic book fair with more than 200 of the latest books available for children to buy. Throughout the fortnight, a total of £1,011.20 worth of books were sold – breaking all previous records.

From the total, the school earned £600 to spend on books and resources.

The school donated the leftover books to the children's wards at Colchester, Ipswich and Broomfield Hospitals via the Max, Liam & Lily-Mai Christmas Book Collection For Children In Hospital organisation.



Summer spent settling into secondary school



A week of activities and taster lessons was enjoyed by the newest cohort to join Clacton County High School.

The new Year 7 students spent time over the summer at their new school, meeting new friends, learning their way around and getting to know their teachers.

Summer school saw them take part in daily PE lessons, attend lessons linked to English, maths, science, music, Spanish, art, business studies, food technology, humanities subjects and learn the basics of how to perform CPR on someone who has stopped breathing.

They were introduced to the PROUD ideals of perseverance, responsibility, opportunity, unity and diversity and were nominated for points for producing outstanding work, helping others and contributing to lessons.

Sean Duffy, Year 6 Summer School Co-ordinator, said: "The feedback from students and their parents was exceptionally positive, with many highlighting that their anxieties of starting a new school had been alleviated."

West End cast and crew personally welcome students to theatre

Drama students were given the opportunity to meet and question stars from the West End stage.

Year 11 drama students from The Philip Morant School and College watched *Hamilton* at the Victoria Palace Theatre, in London, before attending a question and answer session.

Laura Hicks, Drama and Dance Senior Leader, said: "Students studied the

musical during lockdown, so it was such a fantastic experience to take them to a live performance. We reviewed and evaluated the performance, thinking about how different elements help to communicate meaning for the audience."

Student Kawesi Holland said "This has got to be one of the best things I've done in my life. I can't believe I got to see this show live."



"Why learn a language?"

The Thomas Lord Audley School has been working with students promoting the benefits of studying a foreign language. Assemblies were delivered to Year 7, 8 and 9 students on why students should study another language,



exploring how learning a language can develop them as individuals, can benefit them in employment and open up opportunities for them in future.

Andrea Salin, Patent Attorney

at Sandersons, Colchester, was born in north east Italy and as he grew up, he learnt French and English as additional languages.

After finishing university, Andrea moved to London where he developed his English further.

His work now requires him to speak French to register patents in the UK and Europe.

Claire Hurley, Head of Modern Foreign Languages, said: "Having a real-life context of where languages can take you in the future was a really valuable experience for students and showed them the long-term benefits, not only for enjoyment and expanding their exposure to different cultures, but also for the wide range of transferable skills it helps you to develop."

Raising awareness of young carers

Young people acting as carers to those around them were highlighted during a special day.

Holland Park Primary School held a Young Carers Awareness Day, with pupils taking part in activities to educate them about the work young carers do. Pupils wore odd socks to highlight the fact we are all different.

A speaker from Young Carers lead an assembly and pupils who have a caring role attended an afternoon tea in recognition of their work and dedication.

The school, which holds the bronze Young Carers Award, is working towards gaining the silver level.



NEWSBITE

Poets hoping for international success

Students in Year 8 at St Helena School entered an international poetry recital competition.

Poésíæ, started as an annual French poem recitation competition in a school in Shropshire, was extended to more schools during the pandemic to spread the love of foreign languages. More than 40 schools took part from all over the world last year, competing in French, German and Spanish. This year, English and Welsh were added as foreign languages, along with Italian.

Louise Longshaw, Modern Foreign Language Teacher, said: "We chose *L'oiseau du Colorado* by Robert Desnos from the list of poems provided. It is a surreal poem about a bird eating a bizarre variety of foods. As we were studying the topic of food in Year 8, we thought it was the perfect choice. The aim was to recite the poem, preferably from memory."

The top three performances in each age group qualify for the international final.

Developing attitudes to become well rounded adults

Year 10 students from The Philip Morant School and College are taking part in the Duke of Edinburgh's Award.

The youth achievement award programme has been relaunched at the school, with 54 students signed up to complete the Bronze award.

They will develop their skills and attitudes which will support them in becoming more rounded and confident young adults.

Students focus on completing projects covering volunteering, skills and physical, as well as completing expeditions in the summer.

Lizy Watson, Lead Practitioner for Teaching and Learning and Duke of Edinburgh Co-ordinator, said: "We look forward to watching the students develop their self-confidence, sense of identity and a real awareness of their strengths over the coming year."

Making friends overseas with new language skills

Year 7 students are using their new-found German language skills to correspond with peers abroad.

The students at Harwich and Dovercourt High School are starting a penpal project, writing to students in a school in Germany to practise their skills and to discover more about the German culture.

With German being reintroduced as a main foreign language at the school, links have been made with a former Harwich and Dovercourt High School teacher who now works at a school in Germany.

Zoe Bell, Director of Languages and Culture Faculty, said: "This project is developing students' cultural capital while providing the opportunity to communicate with a person of a similar age from a different walk of life. It also provides real-world opportunities for developing foreign language skills. A by-product of this might be that some students forge long-lasting friendships into the future.

"This opportunity provides a previously unseen insight into the German way of life and gives students the opportunity to put their newly acquired skills of written communication into action with a real-world purpose."

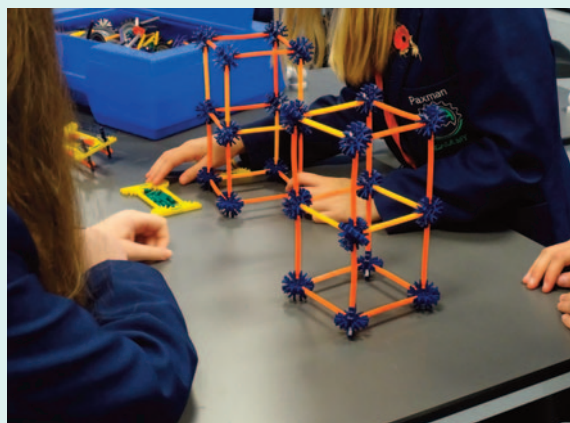
Valuable day spent hearing important messages

The lives of young people have been enriched with a day away from the traditional timetable.

Enrichment Day at Paxman Academy saw students focus on their personal development as they stepped away from the curriculum. They worked with visitors from Essex Ambulance Service, Colchester United and Lila Sanctum Essex Fires Services in sessions focusing on e-safety, knife crime and its impact, CPR and careers.

Students had the opportunity to develop their STEM understanding through sessions such as building Morse code machines through to KnEX bridge building.

Deputy Headteacher Nick Mussett said: "The day was a huge success. All students had a valuable day learning new skills and hearing some very important messages to help keep them and others safe."



Coaching pupils with special educational needs

PE students worked with England Netball to learn how to coach and lead pupils with special educational needs in the sport.

Year 11 students from Clacton County High School followed the Blended Netball programme, recently launched by England Netball to give mainstream girls the opportunity to develop life skills such as leadership, communication and empathy.

Laura Townsend, PE Teacher, said: "We are thrilled that Clacton County High School was one of only a handful of schools nationally to be chosen to pilot this scheme."

Students worked with England netball coach Louise Davey for six weeks ahead of hosting a netball festival for Shorefields School.



Footballers get full training – and kit – from England team

A national competition saw young footballers walk the path of their sporting idols.

Year 8 and 9 students from The Thomas Lord Audley School attended full professional training at St George's Park, the home of the England first team.

The school was selected out of 3,000 schools to be among just four to win the national Monster Kickabout competition prize. The 25 students experienced coaching led by FA professional coaches, a tour of St George's Park, a look behind the scenes and learning about the science and

technology used in sport.

They were also given full Nike kits, England shirts, footballs, bags and pairs of boots.

Joe Martin, PE Teacher, said: "During the tour, students walked where players walk, sat in the changing rooms, saw the strength and conditioning gym, the recovery and repair pool and all the other amazing training pitches/facilities. The experience was amazing and every single one of our students were a credit to the school. All the boys participated and tried extremely hard and enjoyed their fully deserved reward."



Female footballers make their way to quarter-finals

The under 14 girls football team at Harwich and Dovercourt High School secured a place in a quarter final match.

First playing Sandon High School, the

girls won 2-1, with the winning goal coming in the final five minutes.

Samantha Good, Sports Co-ordinator, said: "The team was led to victory by the Harwich and Dovercourt captain

with her great encouragement throughout the game."

The team next faced Roding Valley High School away in the quarter finals.

INTERESTED IN A TEACHING CAREER?

WEBINAR & DROP IN SESSIONS 2022

14 Jan 2022	10.00	Webinar
14 Jan 2022	11.00	Drop In Session
11 Feb 2022	10.00	Webinar
11 Feb 2022	11.00	Drop in session
11 Mar 2022	10.00	Webinar
11 Mar 2022	11.00	Drop in Session
29 Apr 2022	10.00	Webinar
29 Apr 2022	11.00	Drop In Session
27 May 2022	10.00	Webinar
27 May 2022	11.00	Drop In Session
24 Jun 2022	10.00	Webinar
24 Jun 2022	11.00	Drop in Session

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